

	TERM 1 Health & wellbeing	TERM 2 Living in the wider world	TERM 3 Relationships	TERM 4 Health & wellbeing	TERM 5 Relationships	TERM 6 Living in the wider world
YEAR 5/6 A	What makes up a person's identity? (RSE)	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely? (RSE)	How can drugs common to everyday life affect health?	What jobs would we like?
YEAR 5/6 B	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? (RSE)	
YEAR 7/8 A	Staying safe Personal safety in and outside school, exploring first aid.	skills and aspirations Careers, teamwork and enterprise skills	Diversity Diversity, prejudice, and bullying	Health and puberty (RSE) Routines, influences, puberty, touch is a choice, and FGM	Building relationships (RSE) Self-worth, relationships, (including online), boundaries	Money making choices Saving and budgeting
YEAR 7/8 B	Substances Alcohol and drug misuse, pressure	Exploring the work place Equality of opportunity in careers and life choices, exploring different types of jobs	Discrimination (RSE) Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Positivity Wellbeing, body image.	Identity and relationships (RSE) Gender identity, sexual orientation, consent, sexting and intro to contraception.	Getting online Online safety, media reliability and gambling hooks
YEAR 9	Influence and substances Healthy and unhealthy influences, assertiveness, substance misuse, exploitation.	Setting goals Learning strengths, career options, goal setting, GCSE options.	Respectful relationships (RSE) Family dynamics, parenting, healthy relationships, conflict resolution and changing relationships.	Healthy lifestyle Lifestyle balance, positive choices, diet and influence, first aid.	Intimate relationships (RSE) Consent and legal parameters, contraception, STIs, attitudes and influence of pornography	Employability skills Online presence and impact, adaptability

Curriculum Medium Term Plan SUBJECT

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YEAR 10	Stigma and change Mental health, stigma, safeguarding ourselves, changing times.	Impact of gambling The impact of financial decisions, gambling and the impact of advertising	Healthy relationships (RSE) Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence of the media and role models on gangs, knife crime and the use of substances and alcohol.	Addressing extremism and radicalisation Extremism, Far Right, the role of social media, risks and indicators.	Work experience ??
YEAR 11	Building for the future Stress management and socialisation.	Next steps Application processes, and skills for further education, employment, career progression	Communication in relationships (RSE) Personal values, boundaries, consent and coercive control, relationship challenges.	Independence Responsible health choices, and safety in independent contexts (including the community)	Families (RSE) Parental responsibilities, pregnancy, marriage and forced marriage.	
YEAR 12	Positive wellbeing Stress/exams and resilience Anxiety, fears, phobias Sleep hygiene	Being Financially Savvy Credit and Debt Benefits Types of employment Insurance and Taxes	Taking care of you Toxic masculinity, Anger management, misogyny, Human Rights.	Risk Synthetic cannabinoids, International law, drinking and spiking.	You and others Healthy consumption, eating disorders, signs and indicators, taking control.	My Brand Post 16 Options, Personal branding and selling yourself, applications.
YEAR 13	Optimistic mindset The Black Dog 5 ways to well being	Driving Road safety Theory tests Tax, insurance, MOT, service.	Relationships and the future Fertility, porn vs the real world, sexual health (m/f) (revisiting contraception and STIs)	Making the right choices Nights out, keeping safe, binge drinking, alcoholism.	Living Independently Renting, buying, mortgages, budgeting.	