

Kingsbrook School



Welcome to Kingsbrook School

Welcome to Kingsbrook School, situated in the village of Southborough in Norfolk. Located in a peaceful and calming rural setting, we are a therapeutic day and residential school. We provide specialist education and care services to children and young people aged 11 to 18 years with social, emotional and mental health (SEMH) difficulties. Our students may also have a range of additional complex needs as a result of trauma, attachment disorders and other associated needs.

Learning and support that transforms lives

Kingsbrook School delivers personalised education and support that transforms young people's lives. We have a successful track record of enabling our students to overcome their barriers to learning and achieve their true potential.

We understand that education must be done differently for our students, whose needs have not been met by mainstream, or other specialist schools. Our school provides a learning environment for every student to gain in self-confidence, building their self-esteem and enabling them to achieve and become resilient lifelong learners.

The young people at Kingsbrook School are also supported to understand and address their mental health needs, regaining control of their life and unlocking the many opportunities this has to offer.

Nurturing and celebrating success

We believe that every student has potential and it is our responsibility to ensure young people achieve this within a safe and nurturing learning environment. We are committed to recognising the achievements of our students, who have often not had their successes celebrated before they arrive at our school.

We support young people to appreciate their abilities and strengths, and encourage these to develop during their time at Kingsbrook School. We clearly link each student's learning with their interests and aspirations, making this meaningful, accessible and enjoyable.



Specialist school facilities

Our school has been specifically designed with the needs of our students in mind and has bright, spacious and modern learning spaces, fully-equipped with the latest technology. Kingsbrook School is situated in a quiet village setting with extensive grounds, providing opportunities for students to learn outside the classroom, be active, undertake therapy and relax.

A commitment to safety and welfare

Kingsbrook School is well-equipped to protect the vulnerable young people in our care. The school has a robust safeguarding culture which means that the safety and welfare of our students is at the forefront of everything that we do.

We would love to welcome you to Kingsbrook School. Please do not hesitate to contact me if you would like to arrange a visit.

Ursula Castillo
Head Teacher
Kingsbrook School



Service summary

The range of services and facilities available at Kingsbrook School include:

- A warm and welcoming environment for students, with high staff to pupil ratios
- Day placements and residential packages offering 38 and 52-week care placements
- A robust and effective safeguarding culture where student safety and welfare are prioritised
- An individualised curriculum, with bespoke packages of learning and therapeutic support
- A therapeutic framework of care and support to manage the challenges faced by our young people
- A committed, caring and highly experienced multidisciplinary team providing a cohesive, consistent approach to learning
- Opportunities to experience learning in a range of contexts, including outdoors and off-site
- A vocational curriculum that emphasises social independence, work related skills and preparation for adulthood, in line with student aspirations
- A peaceful rural setting, with large school grounds



"My child is taught well at this school. The staff are very much aware of his needs and accommodate these."

Parent of a student at Kingsbrook School



Education services

Kingsbrook School unlocks the potential in young people, supporting them to achieve their aspirations and look to the future with confidence and optimism. Our school provides the personalised education and specialist support our students need to re-engage with learning.

We guide our students to address their social, emotional and mental health difficulties and regain control of their lives. They build the confidence, self-esteem and resilience that enables them to rise to new challenges and progress academically. We prepare children and young people for secure and productive lives, where they contribute positively to society as active citizens.

Encouraging a love of learning

At Kingsbrook School, we believe that everyone can learn and we work in partnership with the children and young people to address and overcome their barriers. Our focus is on providing a school experience that works for each student, building their confidence and restoring a love of learning.

Our multidisciplinary team undertakes a thorough assessment of each child, enabling us to plan a highly personalised package of learning and support, tailored to their individual needs. Experienced and dedicated staff build positive and supportive relationships so that young people feel secure, valued and ready to learn.

The enriching learning opportunities we offer bring education to life, as well as broadening horizons, promoting wellbeing and encouraging new interests. These include outdoor pursuits such as kayaking, archery and weekly work experience at an animal sanctuary and a farm. The school also hires a private swimming pool each week, to develop confidence in the water without the overstimulation a public pool might entail.

As the young people learn in a range of environments, they are able to apply their learning outside of the classroom. Our students learn safely in different community settings, developing the confidence and everyday life skills for adulthood.

Kingsbrook School tracks and celebrates students' achievements, both in terms of their academic studies and social and emotional learning. This approach helps to build young people's awareness of their developing strengths, abilities and personal development. It makes learning feel rewarding and meaningful for our young people once more.



Small class sizes with intensive support

Everything about our school is designed to support young people to reach their potential. Classes are much smaller than even other specialist schools, with typically no more than four pupils. This means that students have substantial time with staff members, who are able to provide the more intensive support that helps the young people to quickly make significant progress. The school has high staff to student ratios and a minimum of one staff member for every two pupils.

Working in partnership with families and agencies

The school builds effective relationships with parents and carers, who can play an important role in supporting their child's education and development. Where appropriate, we will identify and work with others who provide the supportive role to the student, such as Social Workers. Communication is regular and open, providing daily progress updates, as well as consulting on next steps in their education and care.



A broad and balanced curriculum

Our broad and balanced curriculum is designed to challenge and inspire learners, and prepare them for their future. Every child and young person has a bespoke learning package to meet their individual needs, which takes into account their specific starting point.

All students, of all abilities, are supported to achieve accreditations. The school has carefully selected curriculum pathways ranging from pre-entry level courses through to GCSEs, to meet their varying needs. By providing opportunities to achieve and succeed, we build young peoples' confidence. Our aim is that on leaving Kingsbrook School, students will continue their education with a newfound enthusiasm and resilience. The school is affiliated to local mainstream colleges, opening up more options for further learning.



Supporting personal growth

We take a holistic approach to learning, and therapy is carefully integrated into the personalised support package each student receives. This enables young people to develop emotional literacy and social awareness, as well as progressing academically. Students learn to understand their emotions, to become more resilient, and to communicate and interact well with others. They are actively involved in identifying the behaviour they wish to develop or change, and the progress they make helps them to regain control of their lives.

Kingsbrook School is a therapeutic school and we provide daily opportunities for students to put into practice the skills they have learned in their therapy sessions, so that these become second nature and a part of everyday life.



Preparing for a brighter future

We are committed to empowering our students to develop socially and emotionally, guiding them to build the skills and character for positive transitions to further learning or employment. From the very start of their journey with us, we focus on developing life skills, placing a strong emphasis on teamwork, communication and interacting well with others.

Our new post-16 facility supports students to develop their independent living skills. The hub comprises a classroom, kitchenette, bedroom and bathroom, enabling all aspects of independent living such as cooking, cleaning and laundry to be learned.

Students follow the ASDAN 'Towards Independence' programme which accredits them for their new skills. All other aspects of the curriculum are included within the post-16 programme, to ensure a broad and balanced curriculum is maintained. Literacy and numeracy skills are developed further, again with a focus upon transferable skills for adulthood such as money management.

Work experience opportunities are provided on-site and off-site, and students receive regular independent careers guidance. We are methodical and thorough in supporting our students to make constructive next steps after school, ensuring they move on to stable and sustainable placements in education or employment.

Part of one of the UK's leading specialist education providers

We are proud to be part of Aspris Children's Services, one of the UK's leading specialist education providers. We form part of a network of schools and colleges sharing best practice and learning from each other's successes.

We benefit from a comprehensive and continually updated range of training, expert information and advice for educating and supporting students with SEMH needs.

Our school is supported by a central team including an Operations Director, Health and Safety Advisor and Quality Lead, ensuring a consistent and robust approach of the highest standards.

Therapeutic support

Kingsbrook School is a therapeutic school which means that therapeutic approaches are integrated into the day-to-day teaching and support we deliver. Therapy is at the centre of our approach to learning: it underpins students' education and development, and gives them valuable tools that they can draw on for life.

The young people at Kingsbrook School often have complex needs, including social, emotional and mental health (SEMH) difficulties, trauma and attachment disorders. Our therapy team develops a strong understanding of each young person and their specific needs, putting together a tailored plan of support and development. The school offers a broad range of therapy to draw from, including counselling, art therapy, occupational therapy and speech and language therapy. Our extensive grounds also enable us to deliver animal-assisted therapy on-site.

"Therapeutic progress is excellent."

Parent of a student at Kingsbrook School



A holistic therapy programme

We engage young people in a holistic therapy programme, that develops their emotional literacy and social awareness, as well as supporting their academic progress. Therapy staff work closely with teaching staff to embed therapy into each student's daily learning. Their expertise and guidance means that the entire staff team better understand each young person, maximising the positive impact the school has on their learning and development.

Our highly experienced staff identify the issues that may be stopping a young person from learning and then work with them to remove these barriers. There is a strong focus on meeting students' needs, providing consistency and helping them to achieve greater emotional stability. Staff build safe, positive professional relationships with young people, mentoring them to re-engage with learning, develop and progress.

"The provision of a one-to-one teacher has greatly aided our child's development."

Parent of a student at Kingsbrook School



Kingsbrook House

Kingsbrook House is linked to Kingsbrook School. It enjoys a peaceful rural location near to the school. The home offers access to a variety of activities on-site and in the local community, covering a wide range of interests.

The children and young people living at Kingsbrook House benefit from the same consistent approach across residential care and education, which extends the positive impact of our support. Residential care staff help the young people to access and engage with education. They work closely with the school staff team to provide integrated care that gives each child the best possible chance to succeed.



The facilities available

All of the young people have their own bedroom which they are encouraged to personalise to reflect their individual personalities. Each bedroom has a desk, TV and en-suite facilities to maximise privacy and independence.

Spacious communal areas include a lounge, kitchen, dining room and games rooms. There is a large outdoor space surrounded by countryside, with a small animals area and hardcourt for sports.

Supporting the needs of the young people

At Kingsbrook House, the young people are supported to rebalance their lives, building self-esteem and resilience, and achieving greater emotional stability. The staff recognise each young person's individuality and celebrates their achievements.

The young people have opportunities to express their feelings and talk through their goals, aspirations and concerns. Staff members provide comfort and reassurance, supporting each individual to understand the challenges that their mental health issues can present, and to actively take control of their wellbeing. Staff support young people to develop and work with them to build problem-solving skills and coping strategies.



Service summary

- A 6-bedded home in a calming, rural setting which offers a caring and nurturing environment
- Bespoke care packages and individually tailored education services provided by Kingsbrook School
- A robust and effective safeguarding culture where young people's safety and welfare are prioritised
- Young people are supported to experience positive daily living and positive engagement in the community
- The home follows the Secure Base model, a positive framework for therapeutic care-giving which helps young people to move towards greater security and builds resilience

A range of activities

Kingsbrook House provides a wide range of activities on-site and supports young people to access activities in the local community. These include:

- Animal care
- Arts and crafts
- Basketball
- Clubs covering different sports and interests
- Film nights
- Football
- Gardening
- Swimming

Get in touch

For information on our specialist services at Kingsbrook School, please do not hesitate to contact us.

Call: 01953 852 303

Email: placements@aspris.com

Website: www.aspriscs.co.uk

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In lessons, pupils benefit from the one-to-one tuition provided by teachers and learning support assistants. This high level of teaching and support promotes regular discussion and develops pupils' speaking and listening skills well. Teachers help pupils to practise basic calculations and find out things for themselves.

Ofsted September 2019

Strategies used to manage pupils' behaviour and encourage them to act responsibly generally work well. Good relationships between pupils and staff, and firm but sensitive management of behaviour ensure that pupils enjoy learning and make steady progress. Pupils are respectful, polite and respond well to staff.

Ofsted September 2019

