

# P.E. Curriculum Map



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS3 Y7	<p><b><u>BASKETBALL</u></b></p> <p>WK 1: Dribbling &amp; Shooting                      WK 2: Passing &amp; Receiving                      WK 3: Man to Man Defence                      WK 4: Individual Offence                      WK 5: Throwing &amp; Catching                      WK 6: Defending</p>	<p><b><u>TAG RUGBY/NET &amp; WALL</u></b></p> <p>WK 1: Tag Tackling                      WK 2: Tag Tackling Cont.                      WK 3: Beat a Defender                      WK 4: Passing &amp; Receiving                      WK 5: Passing &amp; Receiving Cont.                      WK 6: Defending &amp; Attacking</p>	<p><b><u>HANDBALL</u></b></p> <p>WK 1: Ball Handling                      WK 2: Individual Attack                      WK 3: Individual Defence                      WK 4: Goalkeeping                      WK 5: Team Attack                      WK 6: Team Defence</p>	<p><b><u>DODGEBALL</u></b></p> <p>WK 1: Catching                      WK 2: Blocking &amp; Dodging                      WK 3: Throwing, Rules &amp; Regulations                      WK 4: Dodging                      WK 5: Variations                      WK 6: Recap &amp; Assessment</p>	<p><b><u>KWICK CRICKET</u></b></p> <p>WK 1: Ball Recognition                      WK 2: Fielding                      WK 3: Bowling                      WK 4: Batting                      WK 5: Game Situation &amp; Basic Strategies                      WK 6: Game Situation &amp; Basic Strategies</p>	<p><b><u>ATHLETICS</u></b></p> <p>WK 1: Discuss                      WK 2: Shot Put                      WK 3: Javelin                      WK 4: Long Jump                      WK 5: Skills Practice                      WK 6: Skills Practice &amp; Sports Day/Week</p>
		<p><b><u>NET &amp; WALL</u></b></p> <p>WK 1: Acquiring and developing skills.                      WK 2: Selecting and applying skills, tactics, and compositional ideas.                      WK 3: Selecting and applying skills, tactics and compositional ideas.                      WK 4: Knowledge and understanding of fitness and health.                      WK 5: Evaluating and improving performance.</p>				

		<b>WK 6: Evaluating and improving performance.</b>				
<b>KS3 Y8</b>	<b><u>BASKETBALL</u></b>  WK 1: Dribbling & Shooting WK 2: Passing & Receiving WK 3: Man to Man Defence WK 4: Individual Offence WK 5: Throwing & Catching WK 6: Defending	<b><u>TAG RUGBY</u></b>  WK 1: Tag Tackling WK 2: Tag Tackling Cont. WK 3: Beat a Defender WK 4: Passing & Receiving WK 5: Passing & Receiving Cont. WK 6: Defending & Attacking	<b><u>HANDBALL</u></b>  WK 1: Ball Handling WK 2: Individual Attack WK 3: Individual Defence WK 4: Goalkeeping WK 5: Team Attack WK 6: Team Defence	<b><u>DODGEBALL</u></b>  WK 1: Catching WK 2: Blocking & Dodging WK 3: Throwing, Rules & Regulations WK 4: Dodging WK 5: Variations WK 6: Recap & Assessment	<b><u>KWICK CRICKET</u></b>  WK 1: Ball Recognition WK 2: Fielding WK 3: Bowling WK 4: Batting WK 5: Game Situation & Basic Strategies WK 6: Game Situation & Basic Strategies	<b><u>ATHLETICS</u></b>  WK 1: Discuss WK 2: Shot Put WK 3: Javelin WK 4: Long Jump WK 5: Skills Practice WK 6: Skills Practice & Sports Day/Week
		<b><u>NET &amp; WALL</u></b>  WK 1: Acquiring and developing skills. WK 2: Selecting and applying skills, tactics, and compositional ideas. WK 3: Selecting and applying skills, tactics and compositional ideas. WK 4: Knowledge and understanding of fitness and health. WK 5: Evaluating and improving performance. WK 6: Evaluating and improving performance.				
<b>KS3 Y9</b>	<b><u>BASKETBALL</u></b>	<b><u>TAG RUGBY</u></b>  WK 1: Tag Tackling WK 2: Tag Tackling Cont.	<b><u>HANDBALL</u></b>  WK 1: Ball Handling	<b><u>DODGEBALL</u></b>  WK 1: Catching	<b><u>KWICK CRICKET</u></b>	<b><u>ATHLETICS</u></b>  WK 1: Discuss

	<p><b>WK 1:</b> Dribbling &amp; Shooting</p> <p><b>WK 2:</b> Passing &amp; Receiving</p> <p><b>WK 3:</b> Man to Man Defence</p> <p><b>WK 4:</b> Shooting &amp; Lay Ups</p> <p><b>WK 5:</b> Team Defence</p> <p><b>WK 6:</b> Team Offence</p>	<p><b>WK 3:</b> Beat a Defender</p> <p><b>WK 4:</b> Passing &amp; Receiving</p> <p><b>WK 5:</b> Team Defence</p> <p><b>WK 6:</b> Team Offence</p>	<p><b>WK 2:</b> Shooting</p> <p><b>WK 3:</b> Blocking</p> <p><b>WK 4:</b> Counter Attacking</p> <p><b>WK 5:</b> Team Attack</p> <p><b>WK 6:</b> Team Defence</p>	<p><b>WK 2:</b> Blocking &amp; Dodging</p> <p><b>WK 3:</b> Throwing, Rules &amp; Regulations</p> <p><b>WK 4:</b> Dodging</p> <p><b>WK 5:</b> Variations</p> <p><b>WK 6:</b> Recap &amp; Assessment</p>	<p><b>WK 1:</b> Fielding Fundamentals</p> <p><b>WK 2:</b> Batting – Defensive Shot</p> <p><b>WK 3:</b> Batting Cut</p> <p><b>WK 4:</b> Bowling Spin/Pace</p> <p><b>WK 5:</b> Wicket Keeping</p> <p><b>WK 6:</b> Game Situation &amp; Basic Strategies</p>	<p><b>WK 2:</b> Shot Put</p> <p><b>WK 3:</b> Javelin</p> <p><b>WK 4:</b> Long Jump</p> <p><b>WK 5:</b> Skills Practice</p> <p><b>WK 6:</b> Skills Practice &amp; Sports Day/Week</p>
		<p><b>NET &amp; WALL</b></p> <p><b>WK 1:</b> Acquiring and developing skills.</p> <p><b>WK 2:</b> Selecting and applying skills, tactics, and compositional ideas.</p> <p><b>WK 3:</b> Selecting and applying skills, tactics and compositional ideas.</p> <p><b>WK 4:</b> Knowledge and understanding of fitness and health.</p> <p><b>WK 5:</b> Evaluating and improving performance.</p> <p><b>WK 6:</b> Evaluating and improving performance.</p>				
<p><b>KS4</b> <b>Y10</b></p>	<p><b>BASKETBALL</b></p> <p><b>WK 1:</b> Dribbling &amp; Shooting</p> <p><b>WK 2:</b> Passing &amp; Receiving</p> <p><b>WK 3:</b> Man to Man Defence</p>	<p><b>TAG RUGBY</b></p> <p><b>WK 1:</b> Tag Tackling</p> <p><b>WK 2:</b> Tag Tackling Cont.</p> <p><b>WK 3:</b> Beat a Defender</p> <p><b>WK 4:</b> Passing &amp; Receiving</p> <p><b>WK 5:</b> Team Defence</p> <p><b>WK 6:</b> Team Offence</p>	<p><b>HANDBALL</b></p> <p><b>WK 1:</b> Ball Handling</p> <p><b>WK 2:</b> Shooting</p> <p><b>WK 3:</b> Blocking</p> <p><b>WK 4:</b> Refereeing</p>	<p><b>DODGEBALL</b></p> <p><b>WK 1:</b> Catching</p> <p><b>WK 2:</b> Blocking &amp; Dodging</p> <p><b>WK 3:</b> Throwing, Rules &amp; Regulations</p>	<p><b>KWICK CRICKET</b></p> <p><b>WK 1:</b> Fielding Fundamentals</p> <p><b>WK 2:</b> Batting – Defensive Shot</p> <p><b>WK 3:</b> Batting Cut</p>	<p><b>ATHLETICS</b></p> <p><b>WK 1:</b> Discuss</p> <p><b>WK 2:</b> Shot Put</p> <p><b>WK 3:</b> Javelin</p> <p><b>WK 4:</b> Long Jump</p>

	<b>WK 4: Shooting &amp; Lay Ups</b> <b>WK 5: Team Defence</b> <b>WK 6: Team Offence</b>		<b>WK 5: Team Attack</b> <b>WK 6: Team Defence</b>	<b>WK 4: Dodging</b> <b>WK 5: Variations</b> <b>WK 6: Recap &amp; Assessment</b>	<b>WK 4: Bowling Spin/Pace</b> <b>WK 5: Wicket Keeping</b> <b>WK 6: Game Situation &amp; Basic Strategies</b>	<b>WK 5: Skills Practice</b> <b>WK 6: Skills Practice &amp; Sports Day/Week</b>
		<u><b>NET &amp; WALL</b></u>  <b>WK 1: Acquiring and developing skills.</b> <b>WK 2: Selecting and applying skills, tactics, and compositional ideas.</b> <b>WK 3: Selecting and applying skills, tactics, and compositional ideas.</b> <b>WK 4: Knowledge and understanding of fitness and health.</b> <b>WK 5: Evaluating and improving performance.</b> <b>WK 6: Evaluating and improving performance.</b>				
<b>KS4</b> <b>Y11</b>	<u><b>BASKETBALL</b></u>  <b>WK 1: Dribbling &amp; Shooting</b> <b>WK 2: Effective Passing</b> <b>WK 3: Individual Defence</b> <b>WK 4: Individual Offence</b> <b>WK 5: Team Offence</b> <b>WK 6: Team Defence</b>	<u><b>TAG RUGBY</b></u>  <b>WK 1: Tag Tackling</b> <b>WK 2: Running With The Ball</b> <b>WK 3: Beat a Defender</b> <b>WK 4: Passing &amp; Receiving</b> <b>WK 5: Team Offence</b> <b>WK 6: Team Defence</b>	<u><b>HANDBALL</b></u>  <b>WK 1: Ball Handling</b> <b>WK 2: Shooting</b> <b>WK 3: Blocking</b> <b>WK 4: Refereeing</b> <b>WK 5: Team Attack</b> <b>WK 6: Team Defence</b>	<u><b>DODGEBALL</b></u>  <b>WK 1: Catching</b> <b>WK 2: Blocking &amp; Dodging</b> <b>WK 3: Throwing, Rules &amp; Regulations</b> <b>WK 4: Dodging</b> <b>WK 5: Variations</b> <b>WK 6: Recap &amp; Assessment</b>	<u><b>KWICK CRICKET</b></u>  <b>WK 1: Fielding Fundamentals</b> <b>WK 2: Batting – Defensive Shot</b> <b>WK 3: Batting Cut</b> <b>WK 4: Bowling Spin/Pace</b> <b>WK 5: Wicket Keeping</b> <b>WK 6: Game Situation &amp; Basic Strategies</b>	<u><b>ATHLETICS</b></u>  <b>WK 1: Discuss</b> <b>WK 2: Shot Put</b> <b>WK 3: Javelin</b> <b>WK 4: Long Jump</b> <b>WK 5: Skills Practice</b> <b>WK 6: Skills Practice &amp; Sports Day/Week</b>

		<p><b><u>NET &amp; WALL</u></b></p> <p><b>WK 1: Acquiring and developing skills.</b></p> <p><b>WK 2: Selecting and applying skills, tactics, and compositional ideas.</b></p> <p><b>WK 3: Selecting and applying skills, tactics, and compositional ideas.</b></p> <p><b>WK 4: Knowledge and understanding of fitness and health.</b></p> <p><b>WK 5: Evaluating and improving performance.</b></p> <p><b>WK 6: Evaluating and improving performance.</b></p>				