P.E. Curriculum Map



| | Autumn | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer |
|-----|------------------------|--|----------------------|------------------|--------------------------------|--------------|
| | | | Spring | Spring 2 | Summer I | |
| | 1 | | | | | 2 |
| KS3 | BASKETBALL | TAG RUGBY/NET & WALL | HANDBALL | DODGEBALL | <u>KWICK</u> | ATHLETICS |
| Y7 | | | | | CRICKET | |
| 17 | WK 1: | WK 1: Tag Tackling | WK 1: Ball | WK 1: | | WK 1: |
| | Dribbling & | WK 2: Tag Tackling Cont. | Handling | Catching | WK 1: Ball | Discuss |
| | Shooting | WK 3: Beat a Defender | WK 2: | WK 2: | Recognition | WK 2: Shot |
| | WK 2: | WK 4: Passing & Receiving | Individual Attack | Blocking & | WK 2: Fielding | Put WK 3: |
| | Passing & Receiving | WK 5: Passing & Receiving Cont. WK 6: Defending & Attacking | WK 3: | Dodging WK 3: | WK 3: Bowling WK 4: Batting | Javelin |
| | WK 3: Man | WK U. Derending & Attacking | Individual | Throwing, | WK 5: Game | WK 4: Long |
| | to Man | | Defence | Rules & | Situation & | Jump |
| | Defence | | WK 4: | Regulations | Basic | WK 5: Skills |
| | WK 4: | | Goalkeeping | WK 4: | Strategies | Practice |
| | Individual | | WK 5: Team | Dodging | WK 6: Game | WK 6: Skills |
| | Offence | | Attack | WK 5: | Situation & | Practice & |
| | WK 5: | | WK 6: Team | Variations | Basic | Sports |
| | Throwing & | | Defence | WK 6: Recap | Strategies | Day/Week |
| | Catching | | | & | | |
| | WK 6: | | | Assessment | | |
| | Defending | | | | | |
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| | | NET & WALL | | | | |
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| | | WK 1: Acquiring and developing skills. | | | | |
| | | WK 2: Selecting and applying skills, tactics, and compositional ideas. | | | | |
| | | WK 3: Selecting and applying skills, tactics and compositional ideas. | | | | |
| | | WK 4: Knowledge and understanding of fitness and health. | | | | |
| | | WK 5: Evaluating and improving performance. | | | | |

| | | WK 6: Evaluating and improving performance. | | | | |
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| KS3 Y8 | BASKETBALL WK 1: Dribbling & Shooting WK 2: | TAG RUGBY WK 1: Tag Tackling WK 2: Tag Tackling Cont. WK 3: Beat a Defender WK 4: Passing & Receiving | HANDBALL WK 1: Ball Handling WK 2: Individual | DODGEBALL WK 1: Catching WK 2: Blocking & | KWICK CRICKET WK 1: Ball Recognition WK 2: Fielding | ATHLETICS WK 1: Discuss WK 2: Shot Put |
| | Passing & Receiving WK 3: Man to Man Defence WK 4: Individual Offence WK 5: Throwing & Catching WK 6: Defending | WK 5: Passing & Receiving Cont. WK 6: Defending & Attacking | Attack WK 3: Individual Defence WK 4: Goalkeeping WK 5: Team Attack WK 6: Team Defence | Dodging WK 3: Throwing, Rules & Regulations WK 4: Dodging WK 5: Variations WK 6: Recap & Assessment | WK 3: Bowling WK 4: Batting WK 5: Game Situation & Basic Strategies WK 6: Game Situation & Basic Strategies | WK 3: Javelin WK 4: Long Jump WK 5: Skills Practice WK 6: Skills Practice & Sports Day/Week |
| | | NET & WALLWK 1: Acquiring and developing skills.WK 2: Selecting and applying skills, tactics, and compositional ideas.WK 3: Selecting and applying skills, tactics and compositional ideas.WK 4: Knowledge and understanding of fitness and health.WK 5: Evaluating and improving performance.WK 6: Evaluating and improving performance. | | | | |
| KS3 | BASKETBALL | TAG RUGBY | HANDBALL | DODGEBALL | KWICK CRICKET | ATHLETICS |
| Y9 | | WK 1: Tag Tackling WK 2: Tag Tackling Cont. | WK 1: Ball Handling | WK 1: Catching | | WK 1: Discuss |

| | WK 1: | WK 3: Beat a Defender | WK 2: | WK 2: | WK 1: Fielding | WK 2: Shot |
|-----|-------------|--|------------|-------------|--------------------------------|-----------------------|
| | Dribbling & | WK 4: Passing & Receiving | Shooting | Blocking & | Fundamentals | Put |
| | Shooting | WK 5: Team Defence | WK 3: | Dodging | WK 2: Batting | WK 3: |
| | WK 2: | WK 6: Team Offence | Blocking | WK 3: | – Defensive | Javelin |
| | Passing & | | WK 4: | Throwing, | Shot | WK 4: Long |
| | Receiving | | Counter | Rules & | WK 3: Batting | Jump |
| | WK 3: Man | | Attacking | Regulations | Cut | WK 5: Skills |
| | to Man | | WK 5: Team | WK 4: | WK 4: Bowling | Practice |
| | Defence | | Attack | Dodging | Spin/Pace | WK 6: Skills |
| | WK 4: | | WK 6: Team | WK 5: | WK 5: Wicket | Practice & |
| | Shooting & | | Defence | Variations | Keeping | Sports |
| | Lay Ups | | | WK 6: Recap | WK 6: Game | Day/Week |
| | WK 5: Team | | | & | Situation & | |
| | Defence | | | Assessment | Basic | |
| | WK 6: Team | | | | Strategies | |
| | Offence | | | | | |
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| | | NET & WALL | | | | |
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| | | WK 1: Acquiring and developing skills. | | | | |
| | | WK 2: Selecting and applying skills, tactics, and compositional ideas. | | | | |
| | | WK 3: Selecting and applying skills, tactics and compositional ideas. | | | | |
| | | WK 4: Knowledge and understanding of fitness and health. | | | | |
| | | WK 5: Evaluating and improving performance. | | | | |
| | DACKETDALL | WK 6: Evaluating and improving performance. | | DODOFRALL | KANICK | |
| KS4 | BASKETBALL | TAG RUGBY | HANDBALL | DODGEBALL | | ATHLETICS |
| Y10 | WK 1: | W/K 1. Tag Tagkling | WK 1: Ball | WK 1: | <u>CRICKET</u> | WK 1: |
| | Dribbling & | WK 1: Tag Tackling WK 2: Tag Tackling Cont. | Handling | Catching | WK 1. Fielding | |
| | Shooting | WK 2: Tag Tacking Cont. WK 3: Beat a Defender | WK 2: | WK 2: | WK 1: Fielding Fundamentals | Discuss WK 2: Shot |
| | WK 2: | WK 4: Passing & Receiving | Shooting | Blocking & | WK 2: Batting | Put |
| | Passing & | WK 5: Team Defence | WK 3: | Dodging | – Defensive | WK 3: |
| | Receiving | WK 6: Team Offence | Blocking | WK 3: | Shot | Javelin |
| | WK 3: Man | | WK 4: | Throwing, | WK 3: Batting | WK 4: Long |
| | to Man | | Refereeing | Rules & | Cut | Jump |
| | Defence | | Reference | Regulations | Cut | Jump |
| | Delence | | | Regulations | | |

| | WK 4: Shooting & Lay Ups WK 5: Team Defence WK 6: Team Offence | | WK 5: Team Attack WK 6: Team Defence | WK 4: Dodging WK 5: Variations WK 6: Recap & Assessment | WK 4: Bowling Spin/Pace WK 5: Wicket Keeping WK 6: Game Situation & Basic Strategies | WK 5: Skills Practice WK 6: Skills Practice & Sports Day/Week |
|------------|---|--|--|---|---|--|
| | | NET & WALL WK 1: Acquiring and developing skills. WK 2: Selecting and applying skills, tactics, and compositional ideas. WK 3: Selecting and applying skills, tactics, and compositional ideas. WK 4: Knowledge and understanding of fitness and health. WK 5: Evaluating and improving performance. WK 6: Evaluating and improving performance. | | | | |
| KS4 Y11 | BASKETBALL WK 1: Dribbling & Shooting WK 2: Effective Passing WK 3: Individual Defence WK 4: Individual Offence WK 5: Team Offence WK 6: Team Defence | TAG RUGBY WK 1: Tag Tackling WK 2: Running With The Ball WK 3: Beat a Defender WK 4: Passing & Receiving WK 5: Team Offence WK 6: Team Defence | HANDBALL WK 1: Ball Handling WK 2: Shooting WK 3: Blocking WK 4: Refereeing WK 5: Team Attack WK 6: Team Defence | DODGEBALL WK 1: Catching WK 2: Blocking & Dodging WK 3: Throwing, Rules & Regulations WK 4: Dodging WK 5: Variations WK 6: Recap & Assessment | KWICK CRICKET WK 1: Fielding Fundamentals WK 2: Batting – Defensive Shot WK 3: Batting Cut WK 4: Bowling Spin/Pace WK 5: Wicket Keeping WK 6: Game Situation & Basic Strategies | ATHLETICS WK 1: Discuss WK 2: Shot Put WK 3: Javelin WK 4: Long Jump WK 5: Skills Practice WK 6: Skills Practice & Sports Day/Week |

| | NET & WALLWK 1: Acquiring and developing skills.WK 2: Selecting and applying skills, tactics, and compositional ideas.WK 3: Selecting and applying skills, tactics, and compositional ideas.WK 4: Knowledge and understanding of fitness and health.WK 5: Evaluating and improving performance.WK 6: Evaluating and improving performance. | | |
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